

# Proposals for an International Consensus

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ICC, Copenhagen May 2013

## Everyday routine

- mild
- medium
- strong
- very strong

## Research

- mmHg ranges

Dr E Pohlen, U. Schettler:  
Eurocom

Compression class (US Standard)	Compression class (AFNOR)	Compression class (AFNOR)	Compression class (RAL - GZG / ENV)	Compression at the ankle 1)	
Ccl	Ccl	Ccl	Ccl	HPa	mmHg 2)
15/20	I <b>légère</b>	10/15	not applicable	20 to 23	15 to 17
20/30	II <b>moyenne</b>	15/20	I <b>mild high</b>	24 to 28	18 to 21
30/40	III <b>forte</b>	20/36	II <b>moderate</b>	31 to 43	23 to 32
40/50	IV <b>extra forte</b>	>36	III <b>strong</b>	45 to 61	34 to 46
50 high			IV <b>very strong</b>	65 and higher	49 and higher

1) The values indicate the compression exerted by the hosiery at a hypothetical cylindrical ankle.

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# Clinical effects under light compression are evident

on veins



Medi ulcer kit liner  
18 mmHg

on oedema



Socks  
5 mmHg

Partsch H, Mosti G, Mosti F. Int Angiol. 2010 Oct;29(5):408-10.

Partsch H, Damstra RJ, Mosti G. Int Angiol. 2011 Dec;30(6):527-33.

# Proposal

<del>Class</del> Range	Pressure in mmHg at distal lower leg	Level of Compression
I	10-19	Mild
II	20-29	Medium
III	30-39	Strong
IV	$\geq 40$	Very strong

A. Nicolaides et al.

MANAGEMENT OF CVD OF THE LOWER LIMBS

Guidelines According to Scientific Evidence

In preparation



# When in vivo pressure measurement?

For studies:

- Pressure on individual leg needs to be reported
- Dosage = pressure on the leg
- A stocking prescribed one size smaller or larger can not be described by in vitro-data
- Sizes change due to oedema reduction
- The highest variability in compression pressure comes from different donning

# Future stocking trials

- Should report a range of mmHg (not classes)
- Preferably measured on the legs of test persons (B1 point)
- 80-90% of values should fit into the reported range after repeated donning

# What customers and prescribers would like to see on the box

- Light compression                      Range 10-20
- Medium compression                      20-30
- Strong compression                      30-40
- Very strong compression                      >40

# CEN

## (European Prestandard 2001)

Class	Pressure in mmHg	Level of Compression
Ccl A	10-14	Light
I	15-21	Mild
II	23-32	Moderate
III	34-46	Strong
IV	$\geq 49$	Very strong