#### Good bye slippage - a new fusion to tackle bandage slippage on the foot

Presenters: Josefin Damm & Andreas Nilsson

## Disclaimer/Conflict of Interest

- Josefin Damm: Co-inventor of Lundatex<sup>®</sup> products, co-founder of PressCise
  Andreas Nilsson: CEO of PressCise
- None of the presenters are nurse or MD

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## Background

"In fact, the medical field of compression treatment is maybe the only one where quantitative dosage has almost never been measured, despite outcomes largely depending on it."



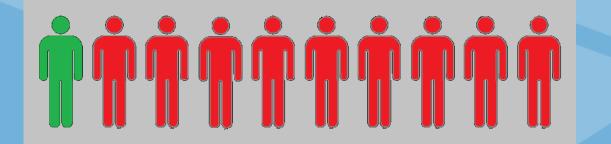
Mosti & Partsch, Eur J Vasc Endovasc Surg (2017)

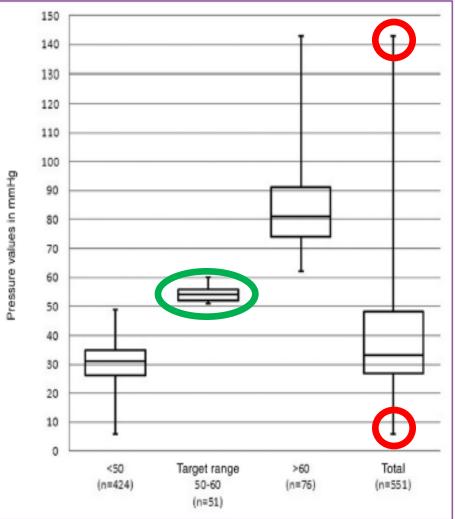
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## Problem with bandage application – no consistency in pressure

Protz et.al. 2014

- 551 healthcare personnel
- Target pressure: 50-60 mmHg





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## Our solution – to control the pressure



Precise pressure over the entire leg:

- Invariant of different appliers
- Different sizes
- Different shapes

(Oedema - swelling/deswelling)

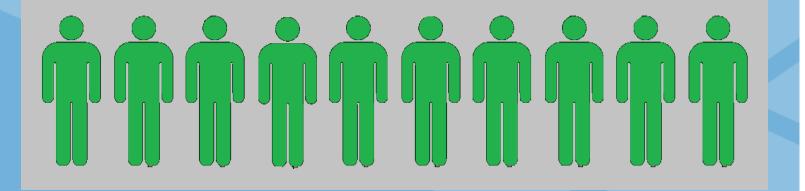
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## Study by Wiklander et.al. (2015)

International Wound Journal ISSN 1742-4801

ORIGINAL ARTICLE

An investigation of the ability to produce a defined 'target pressure' using the PressCise compression bandage







## Study by G.Mosti & H.Partsch (2017)

Eur J Vasc Endovasc Surg (2017) ■, 1–6

A New Two Component Compression System Turning an Elastic Bandage into an Inelastic Compression Device: Interface Pressure, Stiffness, and Haemodynamic Effectiveness

Giovanni Mosti<sup>a,\*</sup>, Hugo Partsch<sup>b</sup>

<sup>a</sup>Department of Angiology, MD Barbantini Clinic, Lucca, Italy <sup>b</sup>Professor Emeritus Medical University of Vienna, Vienna, Austria

- 25 legs from 25 patients
- Venus insufficiency

"...all affected by clinically significant reflux in the great saphenous vein (GSV), with clinical stage C2-C5"

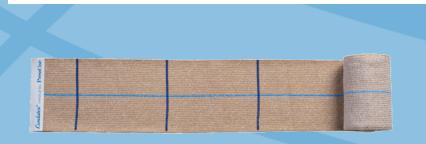
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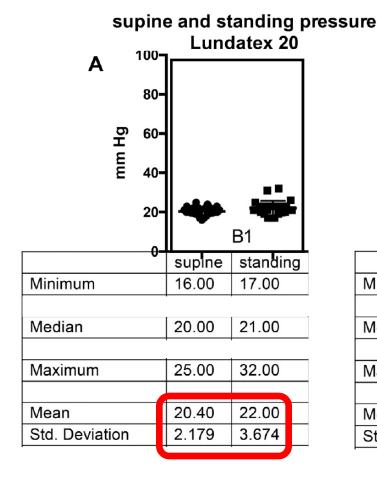


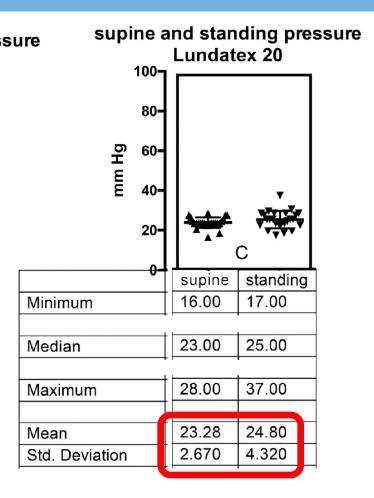
Interface pressure

B1-point: Medial side gastrocnemius muscle turns into the tendinous part

C-point: at maximum calf circumference

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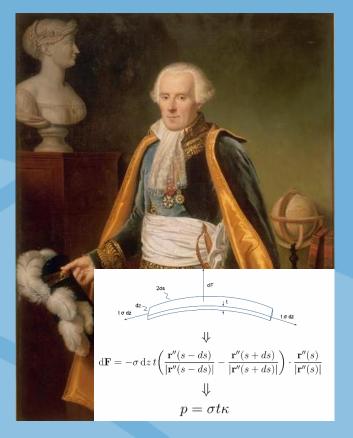
#### Uniform & constant pressure



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## How does it work? - Lundatex medical is based on Laplace's law



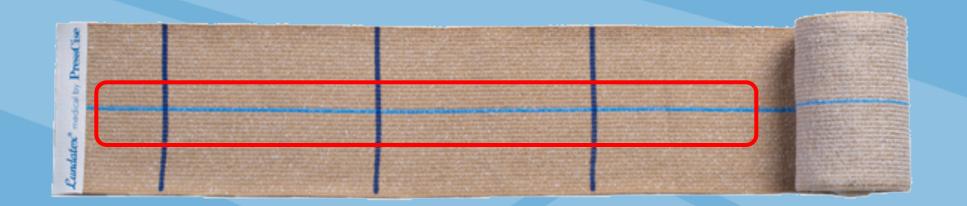


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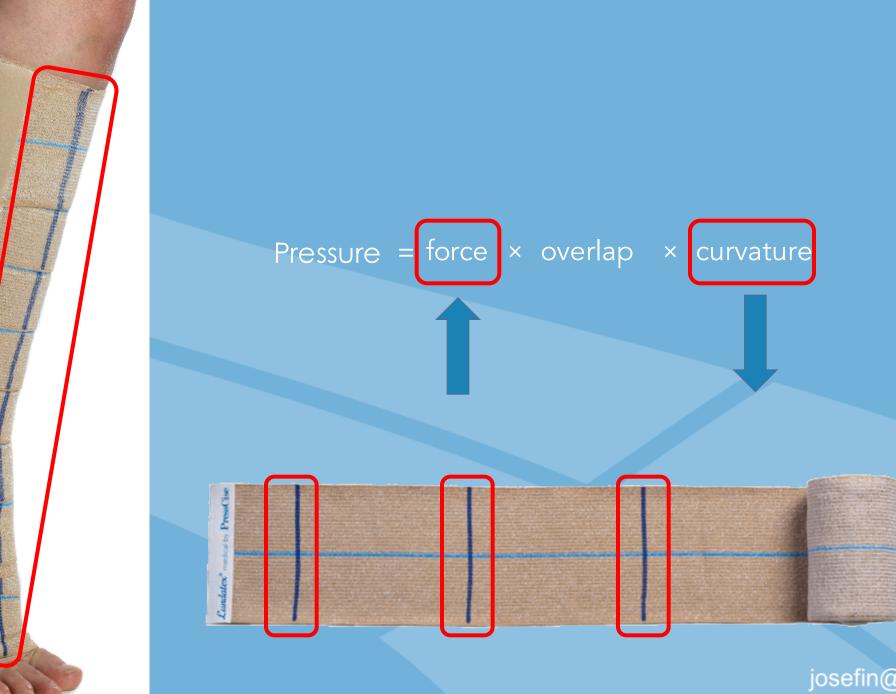
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## How does it work? - Lundatex medical is based on Laplace's law

# Pressure = force × overlap × curvature



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Bandages with markings – same same but different?



Pressure = force × overlap × curvature

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## Why we need innovation in stockings

• Fitting / Custom made stockings

- Pressure?

- Oedema swelling/deswelling
   Pressure?
- Comfort
  - patient compliance
- Donning problems



- varies with compression class and elasticity of the material used

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## A new Smart Textile Stocking



*Lundatex*<sup>®</sup> stocking

New properties allows for:

• Well-defined pressure (20 mmHg)

• Uniform pressure

• Ensured pressure regardless of leg shape

• Easier donning

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## Two limited pilot studies – methods

1. 1<sup>st</sup> study: 10 healthy subjects (5 women and 3 men)
 2. 2<sup>nd</sup> study: 8 healthy subjects (5 women and 5 men)

Interface pressure was measured with a Picopress At B1-level gastrocnemius muscle turns into the tendinous part: B1 – medial

B2 – lateral

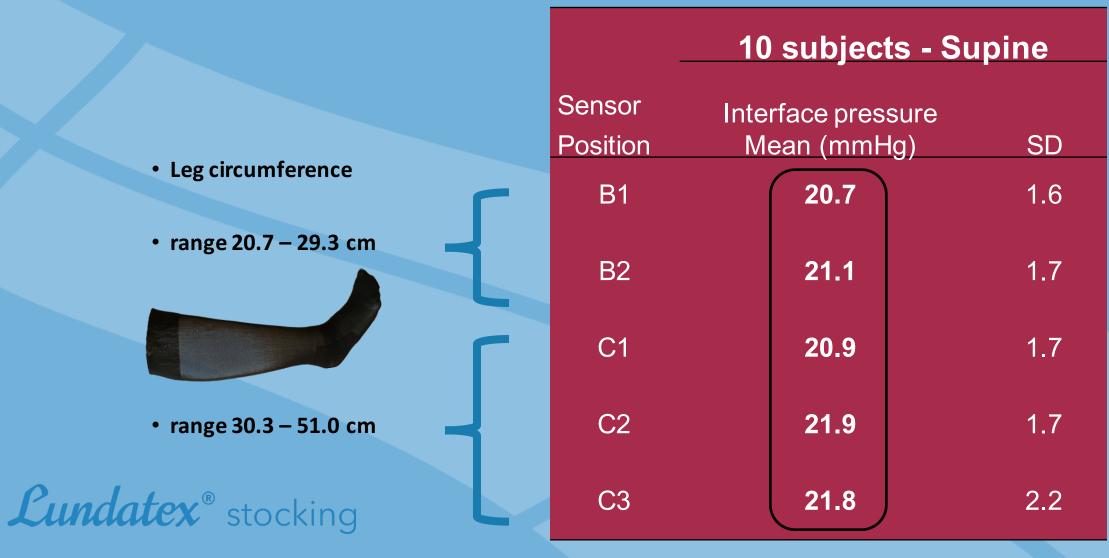
At C level - point at maximum leg-circumference: C1 – medial C2 – posterior C3 – lateral

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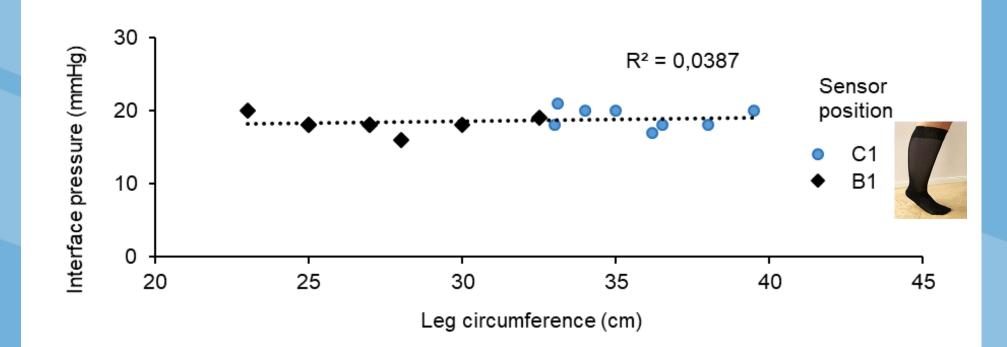
#### Results – 1<sup>st</sup> pilot study



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#### Results – 2<sup>nd</sup> pilot study

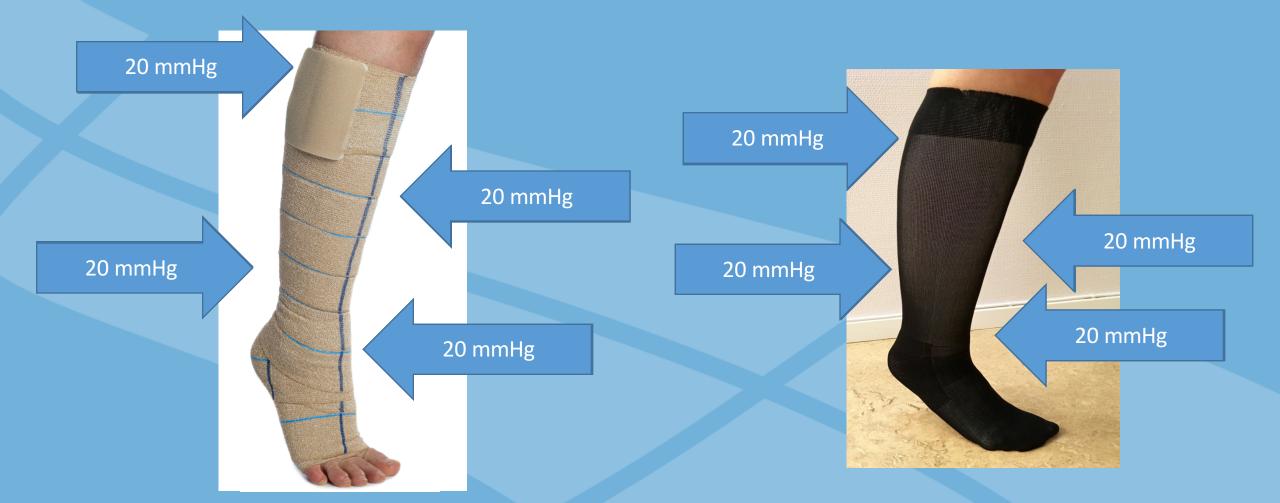
#### Same stocking used on all 8 subjects!



**Lundatex**<sup>®</sup> stocking

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## Uniform & constant pressure



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## Problem with bandage application on the foot



Source: www.worlwidewounds.com

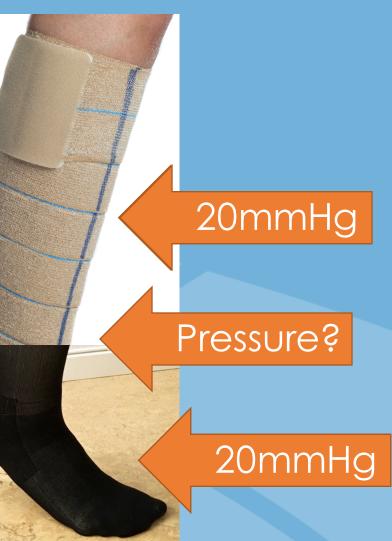
#### "Bandage slippage can create local high-pressure areas that may cause tissue damage and even necrosis."

S. Thomas, "Compression Bandaging in the Treatment of Venous Leg Ulcers," World Wide Wounds, 1998.

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# What if we take the best from two worlds and combine into one solution?

Potential dangerous zone!Too low pressureToo high pressure

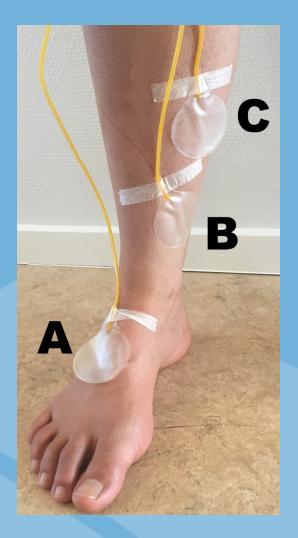


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## Pilot study, method – sock-bandage fusion

• Thirteen healthy subjects (six females, seven males)

Three pressure sensors were placed unilaterally:
 (A) on the foot, (B) at the ankle and (C) on the calf



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## Pilot study, method – sock-bandage fusion

#### 1. Sock (20 mmHg) covering sensor A

- 2. 5 cm cuff of the sock (10 mmHg) covering sensor B
- 3. 5 cm first bandage turn (10 mmHg) covering sensor B
- 4. Bandage (20 mmHg) covering sensor C
- 5. The interface pressure was measured with a Picopress® in supine and standing



5 cm

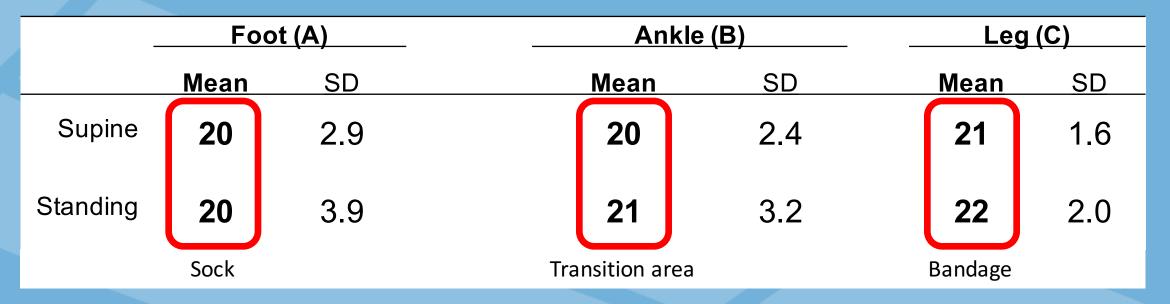


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## Results – sock-bandage fusion

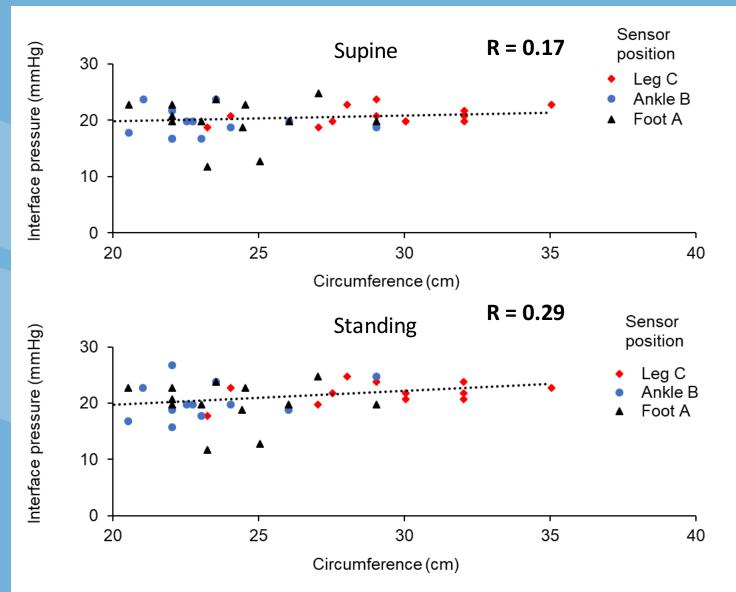
#### Same sock used on all 13 subjects!

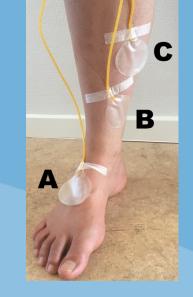


The sock-bandage fusion method applied a well-defined pressure at the foot, ankle and leg

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## Results – sock-bandage fusion





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## Conclusion – sock-bandage fusion

- Well defined pressure on foot, ankle and leg
- Easy donning on the foot and leg
- Comfortable even pressure, no slippage
- Preserves normal ankle range-of-motion
- Ability to wear normal footwear no bulky material



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# Good bye slippage!



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